

Writing S.M.A.R.T. Goals

S.M.A.R.T. goal setting is valuable for self-improvement and motivation. Developing sound goals is critical to managing your own performance and demonstrating self-improvement. Each year scholars must set **S.M.A.R.T.** goals for the upcoming year. A **S.M.A.R.T.** goal is defined as an objective that is specific, measurable, achievable, results-focused, and time bound. Below is a definition of each of the **S.M.A.R.T.** goal criteria:

Specific:

Your goals must define when you are starting. For Example, September 10, 2014.

Measurable:

Goals should be measurable so that you have tangible evidence that you have accomplished the goal. What will you be able to do? For example, I will be able to answer 10 multiple choice questions on the Declaration of Independence.

Achievable:

Goals should be achievable; they should stretch you slightly so you feel challenged, but defined well enough so that you can achieve them. How will you measure your goal? For example, 80% accuracy or 8 out of 10 questions correct on a test.

Results-focused:

Goals should measure outcomes, not activities. Results should be based on real data. What things will you do to measure you have reached your goal? For example, teacher made tests or homework assignments.

Time-bound:

A time frame for a goal must be set, stating when you expect to achieve the goal. For example, I will achieve my goal by June 1, 2015.

S.M.A.R.T.
Goals

Name _____

Social Studies

SMART GOALS -Student Goal Plan

Reading Skills Worksheet

1. What date will you start your goal?

2. What will you be able to do?

3. How will you measure your goal? For example, 85% accuracy.

4. What things will you do to reach your goal? For example, teacher made assignments, textbooks.

5. What date will you achieve your goal?

Name _____

Social Studies

SMART GOALS -Student Goal Plan

Writing Skills Worksheet

1. What date will you start your goal?

2. What will you be able to do?

3. How will you measure your goal? For example, 85% accuracy.

4. What things will you do to reach your goal? For example, teacher made assignments, textbooks.

5. What date will you achieve your goal?
